

In the 2nd Joyful mystery, we read and we meditate undisturbed:

(B10- Sr. E.M.T.)

“The Visitation of Mary to Saint Elizabeth”...

FROM THE GOSPEL ACCORDING TO – LUKE –:

“Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the infant leaped in her womb.”
(Luke 1:39-41)¹

MEDITATION ON THE MYSTERY:

In those days, Mary traveled to the hill country. And who will climb to the top of that hill? It is written: “Who will ascend the mountain of the Lord?... He who has innocent hands and a pure heart [cf. CCC 2518], he who does not tell lies” (cf. Ps 24:3). (cf. SLC, p. 86)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to not telling lies, Saint Teresa of Calcutta says: *“One does not lie only with the tongue; when our behavior is not honest, it is a lie in action.”*
(TERESA DI CALCUTTA, in *Calendario Lit.* 2009, Sab. 5 settembre [unpublished translation by pfsgm])

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...